Professional Development among Self-Employed Occupational Therapists

Key words: Professional development, evidence-based treatment, professional competence, self-employed therapists

Abstract
Professional development is an ongoing process. This article reviews different approaches that define professionalism, professional development and assessment of skills. The article examines criteria that influence professional development among a unique sector: self-employed therapists. The basic demands required of self-employed therapists are described, as well as methods for self-assessment. In addition, we present enabling and disabling factors that influence the professional development of self-employed therapists. The main aim of this article is to raise awareness about the need for self-employed therapists as well as to help find solutions that will aid in establishing professional development.

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